

In today's Gospel, we hear Our Lord speak on His relationship with God the Father. In this foreshadowing of the life of the Trinity, one can almost get lost in the convergence of relationships.

Yet the life of the Trinity is the life to which we are all called through Baptism.

We are each called to a total self-gift with God and with each other, and yet we fall so far short of the ideal.

The secret to living the life of the Trinity is to live a life of grace. That is, to accept without reservation the grace, love, and mercy that is poured onto each of us from God, and to in turn share that gift unreservedly.

Difficult for us as humans, but nothing is impossible for God.

Let us pray to move deeper into the divine life of the Trinity, so to be able to receive more ... in order that we may give more.

Let us use the graces of today's Eucharist to more deeply live the mysterious life of the Trinity ... and so demonstrate the transforming graces of our Baptism.